

Bishop Garrigan Schools September 2017

Breakfast & Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>4)</p> <p>No School</p> <p>Labor Day</p> | <p>5</p> <p>B) Pancake Sausage on a Stick, Apple Sauce</p> <p>L) Beef Burger WG Bun Tri-Tator Potato Salad Banana</p> | <p>6</p> <p>B) Egg, Sausage, Toast, Peaches</p> <p>L) Chicken Gravy Biscuit Peas Carrots Strawberries</p> | <p>7</p> <p>B) Wrap, Hashbrown, M. Oranges</p> <p>L) French Dip (Grilled Cheese) WW Bun Green Beans Corn Pineapple</p> | <p>8</p> <p>B) Parfait w/Berries, Muffin</p> <p>L) BBQ Pork Sandwich WG Bun Sweet Potato Fries Baked Beans Orange Slices</p> |
| <p>11</p> <p>B) French Toast Sticks, Pears</p> <p>L) Chicken Patty WW Bun Mixed Veggies French Fries Watermelon</p> | <p>12</p> <p>B) Omelet, Toast Apple Sauce</p> <p>L) Hot Meatball Sub WG Bun Green Beans Corn Banana</p> | <p>13</p> <p>B) Sausage Gravy Biscuit, M. Oranges</p> <p>L) Chicken Fajita (Ham/Turkey Wrap) Refried Beans Carrots Spanish Rice Apple Sauce</p> | <p>14</p> <p>B) Egg, Sausage, Toast, Banana</p> <p>L) Riblet or Hamburger WG Bun Tri-Tator Tomatoes Lettuce Oranges</p> | <p>15</p> <p>B) Breakfast Pizza Cantaloupe</p> <p>L) Cavatina Garlic Bread Peas Broccoli Grapes</p> |
| <p>18</p> <p>B) Mini Pancakes, Sausage Links, Apple Sauce</p> <p>L)Chicken Alfredo Broccoli Green Beans Cheesy Breadstick Peaches</p> | <p>19</p> <p>B) Wrap, Hashbrown, Oranges</p> <p>L)Wrap Chips Fresh Veggies w/Dip Salad Bar Banana</p> | <p>20</p> <p>B) Egg, Sausage, Toast, Banana</p> <p>L)Soft Shell Taco Refried Beans Rice Corn Corn/Bean Salsa Cantaloupe</p> | <p>21</p> <p>B) French Toast Sticks, Melon</p> <p>L)Chicken Nuggets Twice Baked Mashed Potatoes California Blend Dinner Roll Strawberries</p> | <p>22</p> <p>B) Parfait w/berries, Muffin</p> <p>L)Cheese or Sausage Pizza Broccoli Green Beans Pineapple</p> |
| <p>25</p> <p>B) Pancake Sausage on a Stick, Pears</p> <p>L)Mini Corn Dogs Glazed Carrots Corn Fresh Mixed Fruit Cookie</p> | <p>26</p> <p>B) Omelet, Toast, Watermelon</p> <p>L) Breaded Pork Patty WG Bun Baked Beans Tri-Tator Banana</p> | <p>27</p> <p>B) Sausage Gravy Biscuit, M. Oranges</p> <p>L) Orange Chicken or Stir Fry Broccoli Peas Rice Fortune Cookie Mandarin Oranges</p> | <p>28</p> <p>B) Breakfast Pizza, Banana</p> <p>L) Hot Dog or Brat WG Bun Tri-Tator Cole Slaw Pears</p> | <p>29</p> <p>B) Mini Pancakes, Sausage Links, Peaches</p> <p>L) Baked Potato Bar Cheese Sauce Diced Ham Broccoli Rosey Apple Sauce</p> |
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Breakfast: Served with 8 oz Milk, 4 oz. juice Cereal and Toast option daily

Lunch: Lettuce Bar served daily for grades 5-12 Milk Option served daily

Menus Subject to Change