

# BISHOP GARRIGAN JR/SR HIGH SCHOOL

BGHS admits students and hires staff without regard to race, national origin, gender or disability.

May 2012

## Music notes

Bishop Garrigan High School Instrumental and Vocal Music Departments participated in the Class 1A State Solo/Ensemble Contest held on Saturday, April 14.

Division I rating: Instrumental soloists Philip Detrick, Amelia Golwitzer, Levi Bernhard, Morgan Frideres, Brittany Kirsch, Jake Hamilton; Vocal soloists Sophia Kaduce, Melanie Mergen, Grace Steil, Dorothy Kirsch, Philip Detrick, John Richter, Nick Bronk, Dustin Miller, Matthew Fakler. Division II rating: Instrumental soloists Nick Bronk and Matthew Fakler; Vocal soloists Christian Matthews and Shawn Vaske. Division III rating: Vocal soloist Alissa Kirsch.

Division I rating: Instrumental Ensembles, Saxophone Philip Detrick, Matthew Fakler, Hannah Boisjolie, Austin Salz; Percussion, Jenny Broesder, Tony Kollasch, Zach Kollasch, Andrew Miller, Sean Hart, Dustin Miller; Flute Duet, Morgan Frideres & Brittany Kirsch. Vocal Ensembles: Boys Quartet John Richter, Philip Detrick, Jake Hamilton, Shawn Vaske; Boys Double Quartet John Richter, Christian Matthews, Philip Detrick, Corey Weydert, Jake Hamilton, Matthew Fakler, Shawn Vaske, Nick Bronk with Dustin Miller as accompanist; Vocal Duet – Philip Detrick, Shawn Vaske; Vocal Duet, Corey Weydert, Jake Hamilton; Chamber Choir, Lana Larson, Sophia Kaduce, Melanie Mergen, Kara Eischen, Brittany Kirsch, Janet Kenyon, Erin Quinlin, Grace Steil, Amelia Golwitzer, Gaby Steil, Dorothy Kirsch, Taylor Hovey, Alissa Kirsch, John Richter, Christian Matthews, Corey Weydert, Philip Detrick, Sean Hart, Mark Fakler, Dustin Miller, Jake Hamilton, Matthew Fakler, Shawn Vaske, Nick Bronk.

Division II rating: Vocal Duet, Melanie Mergen, John Richter; Vocal Duet, Melanie Mergen, Kara Eischen; Triple Trio, Sophia Kaduce, Kara Eischen, Melanie Mergen, Janet Kenyon, Erin Quinlin, Allison Frideres, Grace Steil, Alissa Kirsch, Amelia Golwitzer; Women's Ensemble, Kara Eischen, Melanie Mergen, Gaby Steil, Brittany Kirsch, Courtney Blocker, Dorothy Kirsch, Taylor Hovey; Madrigal, Lana Larson, Sophia Kaduce, Melanie Mergen, Janet Kenyon, Erin Quinlin, Grace Steil, Dorothy Kirsch, Alissa Kirsch, Gaby Steil, John Richter, Philip Detrick, Christian Matthews, Dustin Miller, Shawn Vaske, Nick Bronk, Matthew Fakler.

The Chamber Choir received the Outstanding Performer Award. They will present their program on the Outstanding Performer Showcase at Iowa State University May 9.

## Graduation ceremony . . .

... is at 2 p.m. Sunday, May 13, at Friedmann Auditorium.

## Counselor's Corner

Are You Worn-Out and Stressed?

(Love and Logic)

Do you ever find yourself completely exhausted and stressed with all of the problems that bombard you on a daily basis? I've recently found myself feeling crushed under the weight of the many burdens whirling around me. Why? Simply because I've forgotten how much fuel is required to run a helicopter on a daily basis.

Yes! I tend to be a helicopter parent, a helicopter boss, a helicopter spouse, etc. It's nobody's fault except mine. Deep within me is the burning desire to make sure that no one I know suffers from any sort of unhappiness, disappointment, or disgust.

I was reminded that trying to rescue our kids from all of life's challenges burns us out and creates kids who do not believe that they have what it takes to be successful in life. I also realized that this very same principle applies to rescuing our spouses, friends, etc. It does not take long for us to run out of fuel and crash to the ground.

The single most powerful tool for combating this tendency is to memorize the following:

"Oh, no. That's got to feel \_\_\_\_\_. What do you think you are going to do?"

The next time someone else's problem comes your way, experiment with saying these words with sincere empathy. Simply fill in the blank with whatever emotion you are guessing the person is feeling. Then give suggestions while allowing the person to own and solve the problem.

## Grandparents Day

Grandparents Day is scheduled for Friday, May 4. The grandparents of students grades 7-12 are invited for lunch in Friedmann Auditorium from 11:45 a.m. to 1 p.m.

This coincides with Grandparents Day at Seton, which is from at 8:40 a.m. to 11 a.m., beginning with an 8:40 a.m. Mass.

## Congratulations to . . .

. . . Sean Dyson, who will be going to State Special Olympics in Ames on May 18 for the softball throw and the 50 meter walk.

## Fine Arts banquet

The Fine Arts Banquet has been scheduled for Sunday, May 6, at 6 p.m. in the BGHS gym. Premier Pizza and lemonade will be provided. Please bring a dessert or a salad and your own table service. All students in Speech, Drama, Music, Art, Quiz Bowl, Bear Facts and Publications and their parents are invited.

**BISHOP GARRIGAN HIGH SCHOOL**

**President: Mr. Eugene Meister**  
**Principal: Mr. Lynn Miller**  
**Pastoral Director: Mr. Robert Meister**  
**Curriculum Director: Mr. John Byrkeland**  
**Activities Director: Mr. Ron Patterson**  
**Deacon: Rev. Mr. Bill Black**  
**1224 North McCoy St.; Algona, IA 50511 (515) 295-3521**

**More music notes**

We will be hosting State Large Group Contest on Friday, May 4, starting at 5, and need of volunteers to help with the contest sites. Please call or email either Mr. or Mrs. Ferjak at school to volunteer your time!

Please put the following dates on your calendars: Wednesday, May 2, High School Band and Vocal Concert and Art Show in Friedmann Auditorium, Art Show starting at 6:30 and Concert at 7 p.m.; Friday, May 4, State Large Group Contest at Garrigan; Choir Performance at Rochleau Center at 5:30 p.m.; Band Performance at Friedmann Auditorium, 6:55 p.m.; Sunday, May 6: Fine Arts Award Banquet in Friedmann Auditorium, 6 p.m.; Monday, May 14, Grades 7/8 Band and Vocal Concert in Friedmann Auditorium, 7 p.m.; Monday, May 28, High School Band Memorial Day Performance, Whittemore, 10 a.m.

**Drake Relays qualifier**

Congratulations to Addison Miller on qualifying for the Drake Relays. She is 1 of 8 high school girls from the entire state to qualify in the 400 meter hurdles. It has been 17 years since a member of the girls team qualified.

**Poetry winners**

In the Algona Public Library annual poetry contest, *Kossuth County Garden of Poets*, two BGHS students were winners: Sophie Behr and Melanie Mergen.

**Junior High News**

Two Bishop Garrigan Junior High students recently earned honors at the Iowa Science and Technology Fair in Ames.

Will Kellner received the 12<sup>th</sup> place medal in 8<sup>th</sup> grade Physical Science category for his project titled "Is That Your Most Protective Oil?" Will is the son of Dean and Liz Kellner.

Mariah Bronk earned a 2<sup>nd</sup> place trophy in 8<sup>th</sup> grade Biological Science for her project testing whether young children could tell the difference between certain types of candies and medicines. Mariah was also honored as the Grand Reserve Champion over all categories of 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade projects. In addition, she was recognized by Broadcom Masters for achieving ranking in the top ten percent of projects at the fair. Mariah was also awarded a scholarship from Iowa State College of Science and Engineering. She is the daughter of Chris and Mia Bronk.

**Semester exam schedule**

Breakfast will be served 7:30-8:15 a.m. and lunch from 11:15-11:45 a.m. A bell will ring five minutes prior to each session. Following is the schedule for grades 9, 10 and 11:

**Wednesday, May 16**

8:25 - 9:25 - Period 1

10:15 - 11:15 - Period 2

11:15 - 1:15 - Lunch break

1:15 - 2:15 - Period 7

**Thursday, May 17**

8:25 - 9:25 - Period 3

10:15 - 11:15 - Period 4

11:15 - 1:15 - Lunch

1:15 - 2:15 - Period 8

**Friday, May 18**

8:25 - 9:25 - Period 5

11:15 - 1:15 - Lunch break

10:15 - 11:15 - Period 6

**Mon., May 21:** Make-up tests

Exams are to be conducted exactly as scheduled in all classes. No exams are to be given ahead of time without a written note from Mr. Miller. No class for which academic credit is given is to be exempt from taking an exam. The exams are to cover material from the entire semester.

Students are to remain in the room for the entire one-hour period when they are taking an exam. Instructors are asked not to dismiss students from the room who are finished before the end of the period, and are to ensure that order is maintained to prevent disruption of other ongoing testing.

Students must be present for exams only on the exam days. All students are to report promptly for exams. Physical education classes do not meet during exam times.

Students may not be in the hallways during exam times. Areas for study are supervised study in the library and unsupervised study at the south end of the building.

Students who have not paid fines, fees for classes or athletics, or who have not served all detentions are not eligible to take exams unless a permit is obtained from Mr. Miller.

Algona buses will run at regular times on test days.

Grades are due in the office by 3 p.m., Wednesday, May 23. Report cards for grades 9-12 will be mailed after June 1.

The junior high has normal class schedule during high school exams. On Wed., May 16, Jr. high lunch will be 11:44-12:06. Thursday and Friday, it will be 11:15-12:16.

**Art show winners**

Bishop Garrigan NCC Art show medalists and special award winners at Clear Lake April 11 were: Best 3-D Award (Plaque), Jeanne McCall for her heart in wire sculpture; Blue Ribbon Best of Garrigan, Aubrie Meyers for her triptych painting of flowers. Also receiving medals as the top Garrigan art projects: Aisha Miller, with two top projects, a coil pot, and a multi-media painting; Jeanne McCall, diptych sand painting; Rebecca Richter, spray painted landscape; Mariah McCall, abstract painting; Bobby Plathe, photograph of the Des Moines Science Center's pendulum; Makayla Foertsch, puzzle-shaped painting on autism; McKenna McGuire, graffiti poster collage; Emma Plathe, drip abstract painting in blue; Lizzy Hohmeister, abstract painting with penetrating glass; Colton Carroll, black foam assemblage with glass detail. They can be seen at the Algona Public Library until May 7.